



LEADERSHIP TOMPKINS



2018-19 CLASS PARTICIPANTS

Kelsey Bailey, True Insurance
Kerry Barnes, TCPL Foundation
Rebeca Caceres-Moss, Molina Healthcare of NY
Thomas Cannon, Tompkins Community Bank
Edward Carey, Springbrook
Kaitlyn Dennehy, Racker
Billie Downs, Groton Central School District
Laurie Ervay, City of Ithaca, DPW S&F
Niya, Foster, ITB
Neal Kerwin, BorgWarner
Alexandra Meilhac, BorgWarner
Rob Montana, Tompkins Chamber/Visit Ithaca
Kyle Page-Robinson, Tompkins Community Bank
Chandorian Portis, Cayuga Health System
Grace Ritter, The Frame Shop
Kalee Robbins, Poplar Point Studio
Madeline Rosas, Community Foundation of Tompkins Cty
Kelly Sauve, Ithaca Farmers Market/Friends of Market
Mary Stoe, Howard Hanna Real Estate Services
Leslie Tabor, Tompkins County Public Library
Kathy Taylor, Baywood Hotels / Canopy by Hilton
Kayla Thomas, Southern Tier AIDS Program
Leah Tompkins, Tompkins Cortland Community College
Steve Waight, Cayuga Medical Center
Conrad Whyte, Insero & Co CPAs

Congratulations



Leadership Tompkins

Year In Review 2023-2024

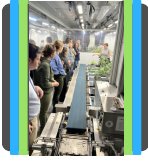
Leadership Tompkins engages a diverse group of aspiring and existing community leaders in building networks, developing leadership skills, and raising awareness of local issues.

Some Highlights of this year's class:

- Took a downtown tour with The History Center Executive Director about Ithaca during the Prohibition Era
- Went behind the scenes of Plant Science at the Boyce Thompson Institute
- Learned how REACH Medical assists the most vulnerable members of our community



2023-24 Presenters and Topics



OCTOBER - 2 DAY RETREAT

- Focused on Gallup Strengths, the Leadership Challenge Model
- Hosted at New Park & Cedarwood

NOVEMBER - LOCAL GOVERNMENT

- Bridgette Nugent, Deputy County Administrator
- Shawna Black, Chair, Tompkins County Legislator
- Travis Brooks, Tompkins County Legislator
- Mike Sigler, Tompkins County Legislator
- Ben Sandberg, Executive Director of The History Center



DECEMBER - DIVERSITY, EQUITY, & INCLUSION

- Dr. Sean Eversley-Bradwell, Assistant Professor, Ithaca College
- Cindy Wilcox, Executive Director of the Human Services Coalition
- Small Business Round-Up including Atlas Bowl, Sundrees, Main St. Market, Hazelnut Kitchen, Little Venice, Garrett's



JANUARY - ECONOMIC DEVELOPMENT & TOURISM

- Johanna Anderson, Bank Market President for Central New York
- Jennifer Tavares, President of Tompkins Chamber and Visit Ithaca
- Heather McDaniel, President of Ithaca Area Economic Dev.
- Tom Knipe, Deputy Dir. for Economic Dev., City of Ithaca
- Peggy Coleman, Vice President, Tompkins Chamber CVB Director
- Jodi LaPierre, Director of Visitor Experience, Visit Ithaca
- Greg Mezey, Owner, Lansing Harbor
- Doug Levine, Executive Director, State Theatre of Ithaca



FEBRUARY - EDUCATION

- Amy Kremenek, President, TC3
- Gregg Houck, Candor
- Heather Williams, Dryden
- Aziza Benson, Lansing
- Kristin Prugh, Groton

MARCH - WORKFORCE & TRANSPORTATION

- Borg Warner Tour
- Airport Tour
- Diane Cohen, Executive Director of ReUse Center

APRIL - SUSTAINABILITY

- Sarah Carson, Cornell University
- Todd Bitner, Cornell University
- Rebecca Evans, City of Ithaca 'Green New Deal'
- Cole Burgess, NYSEG
- Boyce Thompson Tour

MAY - HEALTHCARE

- Dr. Martin Stallone, Cayuga Health System
- Herb Alexander, Chief Diversity Officer for Cayuga Health
- REACH Medical staff

SPECIAL THANKS TO OUR CLASS LUNCH SPONSORS:

- Borg Warner, Tompkins Community Bank, Cornell University, Tompkins Cortland Community College, Cayuga Medical Ctr.

Leadership Lessons*

**Actual quotes from participant evaluations!*

"I learned that, even though we put ourselves in positions to be leaders it's not easy - a lot of leaders share the same struggle and strengths."

"There is no one path to leadership. Leadership is tough, can be lonely, ever evolving. I liked learning about passion and being reminded that you can love what you do."

"I was raised to see leaders as untouchable figures. This class helped me learn that we are ALL leaders and that leaders aren't born knowing everything. Instead, through growth, we can develop into the leaders we want to be."



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Participants were asked to define leadership in ONE WORD

Accountability - Adaptability - Bravery - Dedication - Empowerment - Growth
Influence - Inspiration - Mentorship - Motivation - Partnership
Pivotal - Responsibility - Trust - Visionary

More about the class from participants:

There was a really good mix of people and personalities, some more extroverted and some more introverted. I was happy and surprised to find that, though we were a mix of the two, we all shone in different ways, and we all put our strengths to the test!

I liked the interactive nature of the exercises. Loved learning all the different protocols. The content was relevant and the discussions were engaging. I love that people are from a variety of different industries with diverse backgrounds and perspectives.

I found the strengths assessment workshops to be very helpful. Though it seems simple, the idea that we should focus on developing our natural strengths, instead of concentrating on characteristics that we struggle with, was really eye opening.

